



THE MEADOWMILL SERIES: *Team East Lothian Open Graded*

Sunday 6th May 2018 | East Lothian Athletics Arena, Meadowmill

11.00	Sprint Hurdles (70mH-110mH)	11.15	Triple Jump (U15 & above)
11.30	600m (U11B & U11G)	11.15	High Jump (U13B & U15B)
11.45	200m (U13 & above)	12.00	Twenty-14 Kids Cricket Ball Throw
12.30	800m (U13 & above)	12.00	Long Jump (U11G)
12.50	RaceRunning 800m	12.00	Shot Put (U11B)
13.00	Twenty-14 Kids 1 lap endurance	12.45	High Jump (U13G & U15G)
13.10	400m (U17 & above)	12.45	Ambulant Throw
13.20	300m (U15 & above)	12.45	Long Jump (U15 & above)
13.30	1500m Steeplechase (91.4cm barriers)	13.30	Twenty-14 Kids Long Jump
13.45	1500m Steeplechase (76.2cm barriers)	13.30	Long Jump (U11B)
14.00	1500m Steeplechase (Development) 76.2cm barriers / 40cm water jump	13.30	Shot Put (U11G)
14.40	Twenty-14 Kids 60m Sprint	14.15	Discus (U13 & above)
14.50	Ambulant 60m	15.30	MEETING CLOSE
15.00	100m (U11 & above)		
15.30	MEETING CLOSE		



ENTER ONLINE

teameastlothian.org.uk

event held under UKA Rules & scottishathletics permit event

Registration opens at 9.30am and closes at 2.00pm. All athletes must declare at least 30mins before the event start time.

OPEN EVENTS
(U13, U15, U17, U20 & SENIOR)
£4 ENTRY ONLINE
£5 ENTRY ON THE DAY

UNDER-11 EVENTS
(Aged 9 on the day, U11 on 31 August)
£4 ENTRY ONLINE
£5 ENTRY ON THE DAY

TWENTY-14 KIDS
(Aged 5,6,7,8 on the day)
Run Jump Throw
£6.00 ENTRY