

# TEL

Athletics Club



## East Lothian Open Cross Country

Foxlake Adventures, Dunbar | Saturday 26 January 2019

### Entries

11.00am – 2km – Under-9 - £2

11.20am – 2km – Under-11- £2

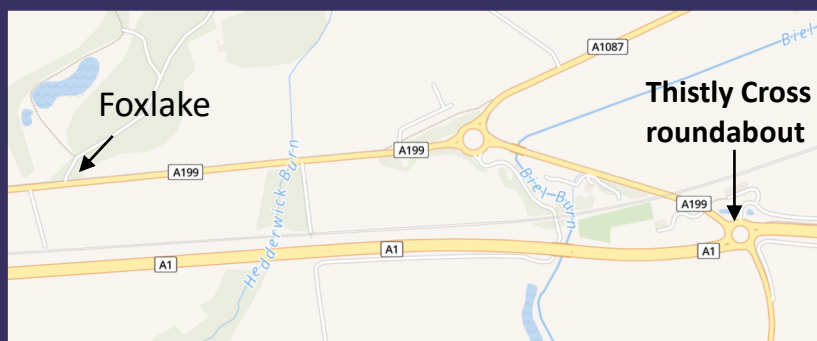
11.50am – 4km – U13/ U15/ U17 - £3 scottishathletics members | £5 non-members

12.40pm – 8km – U20 /Senior /Veteran - £6 scottishathletics members | £8 non-members

- Registration will open at 10am at Foxlake Adventures
- Registration will close 20minutes before the start time of each race.
- Parking, changing and toilets available at Foxlake. The café will also be open.

### How to get there

From Thistly cross roundabout on the A1 take the A199 towards East Linton. At the next roundabout continue on the A199. Foxlake is on the right after about half a mile



### Prizes

Prizes will be awarded to the first male and female athlete in each race in the U9, U11, U13, U15, U17, Senior/ Vets age groups. Awards will be presented shortly after the conclusion of each race. Medals will be awarded to the first 3 athletes in each age group for U9-U17 age groups.

### East Lothian Championships

All athletes who are either an East Lothian athletics club member or are East Lothian resident will be included in the East Lothian Championships. There will be an East Lothian Champion for each age category.

Online entries now open at [teameastlothian.org.uk](http://teameastlothian.org.uk)

Team East Lothian AC is a registered charity in Scotland SC045501



Developing Potential. Strengthening the community. Inspiring all. Find out more at [teameastlothian.org.uk](http://teameastlothian.org.uk)

